

Contact: Sharon Lagas
Alport Syndrome Foundation
Email: events@alportsyndrome.org
Phone: (480) 800-3510

FOR IMMEDIATE RELEASE

NONPROFIT HOSTS FAMILY-FRIENDLY 5K EVENT IN TEMPE ON APRIL 17

{February 21, 2016 - Tempe, Arizona} – The 9th annual *5K for Healthy Kidneys* will be held on Sunday, April 17, at Kiwanis Community Park in Tempe off Baseline Road and Ash Avenue. This is the signature event for ASF, which hosts the race every spring to raise awareness of Alport Syndrome and the risks of chronic kidney disease and raise funds for education and outreach, including patient and academic conferences.

“We are very excited to host our 9th annual 5K for Healthy Kidneys in our community” said Sharon Lagas, Alport Syndrome Foundation President. “This event has helped increase awareness of this rare kidney disease and raised much needed funds to support and connect families dealing with Alport Syndrome. We have had about 3,000 participants since we began the 5K for Healthy Kidneys in 2008 and have raised over \$340,000! We are very thankful for the support of our community and are looking forward to another fun event this year.”

All Valley residents are invited to participate in the annual *5K for Healthy Kidneys* in Tempe on April 17. The annual 5K race will tour the park on their pre-established closed-course 5K trail, and will include a deejay, vendors, refreshments, great door prizes, and awards for the top racers. Nearly 300 runners and walkers participated in last year’s *5K for Healthy Kidneys* event. Members of the Alport Syndrome Foundation, Donate Life, Arizona Kidney Foundation, Alport Syndrome Patient Registry, and others in the community will be at the event to raise awareness of the risks of kidney disease and the need for organ donations.

Registration is \$30 for adults and \$15 for children 13 and under. Businesses and individuals can create teams to run or walk with friends and family. Beginning April 16, registration fees increase to \$35 for adults and \$20 for children.

Please visit <http://alportsyndrome.kintera.org/arizona5k2016> for more information or to register. Volunteer and sponsor/vendor opportunities are also available online or by contacting Sharon Lagas at (480) 800-3510.

About the Alport Syndrome Foundation

The Alport Syndrome Foundation (ASF) is the leading independent, volunteer-led nonprofit organization in the United States serving and giving a voice to the Alport Syndrome community. ASF’s mission is to improve the lives of patients through education, empowerment, advocacy and research to realize the vision of finding novel treatments and a cure to prevent kidney failure and hearing loss in all patients.

For more information, please visit www.alportsyndrome.org.

###