



Alport Connect Adult Program **Saturday, October 7, 2023**

*Please note all times are listed in Pacific Time (local event time)
and all sessions are subject to change.*

ADULT SESSIONS ONLY (Simultaneous Teen and Kids Program agendas are separate)

8:30 – 9:15 AM

Check-in: Check in with ASF Staff and volunteers in the front lobby to receive your materials and agendas for the day. Coffee, juice, and a light breakfast will be served. Be sure to leave time to park in the nearest parking area (free) and walk a few campus blocks to the Hahn University Center.

9:30 AM

Keynote Address: Welcome and Hopeful Advances in Research

ASF Staff and researchers will provide an update on the current state of Alport research and ways for patients to get involved.

10:00 AM

Living With and Managing All Aspects of Alport Syndrome (includes audience Q&A)

Featuring experts in nephrology, audiology, ophthalmology, genetics, and transplant.

-15 min. break

11:30 AM

Pre- and Post-Transplant Medications Overview

Featuring adult and pediatric nephrologists who will discuss and answer questions about the current standard-of-care medications, including ACE/ARBs, SGLT2is (i.e., Farxiga), and immunosuppressant drugs post-transplant, as well as side effects, dosing, and more.

-5 min. break

12:05 PM

Renal Diet and Nutrition at All Stages of Disease

A registered dietitian will provide tips and tricks to manage your diet during all stages of your Alport patient journey.

12:30 PM

Lunch and Learn

Opportunities to learn about Alport Syndrome Foundation resources/research and connect with researchers and industry partners. Boxed lunch will be provided.

1:30 PM

Patient Panel: Alport Journeys in Your Words

A diverse group of Alport patients share their experiences with navigating treatment, parenting a child(ren) with Alport syndrome, post-transplant life, hearing loss, and more.

-10 min. break

2:30 PM

Simultaneous Break-Out Discussions:

- Females With X-Linked Alport Syndrome (all ages)
- Preparing for Stage 5 Chronic Kidney Disease (kidney failure)

-10 min. break

3:30 PM

Simultaneous Break-Out Discussions:

- Mental Health for All Stages and Ages
- Hearing Loss: Coping + Current Technology for Patients of All Ages

4:30 PM

Social Reception and Direct Connect Hour

Light refreshments will be provided during this 60-minute opportunity to engage with fellow patients and families who share similar life circumstances (ASF Staff and volunteers will organize optional social groups by varying demographics for best conversation). Additionally, event attendees will have the opportunity to directly speak to ASF Staff/volunteers, researchers, and industry partners.

5:30 PM

Conclusion of Saturday Programming